

SAMPLE MENU

BREAKFAST	Assorted Toast Scrambled Eggs Hot Cereal Cold Cereal Fresh Fruit	Milk Choice of Juice Coffee and Tea
DINNER	Pork Picatta with Pork Gravy Mashed Sweet Potatoes Cabbage Casserole Caesar Salad/Dressing Golden Dinner Roll Chocolate Cream Pie	Milk Choice of Juice Coffee and Tea
SUPPER	Chicken Broccoli Cheese Soup w/Crackers Meatloaf w/ Beef Gravy Bread Mashed Potatoes w/ Gravy Chesapeake Corn and Tomatoes Fruit and Marshmallow Cream	Milk Choice of Juice Coffee and Tea

SAMPLE WEEK OF ACTIVITIES – SKILLED NURSING

Monday	<p>10:30am – visit from kids at Seasons ChildCare</p> <p>11:00am – Yahtzee</p> <p>1:45 - Rosary</p> <p>3:00pm – Euchre</p> <p>4:15pm – Manicures</p>
Tuesday	<p>10am – Exercise</p> <p>11am – Name That Tune</p> <p>2pm – Catholic Mass in Chapel</p>
Wednesday	<p>10:30am Sing Along with Dottie</p> <p>12pm Pizza Lunch</p> <p>2pm – Bingo</p>
Thursday	<p>10:30 – Bible Study in Chapel</p> <p>2pm – Make and frost cookies</p> <p>3pm - Wii Bowling</p> <p>6:15pm - Movie Night</p>
Friday	<p>10am – Exercise</p> <p>12:30 Lunch Trivia</p> <p>2pm – Po-KE-No</p>
Saturday	<p>9am – Training with Pet Assisted Therapy dogs</p> <p>9:30 – Morning chats and current events</p> <p>12:30 - Lunch Trivia</p> <p>2pm – Bingo</p>
Sunday	<p>2pm – Catholic Mass in Chapel</p>